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| **Allergens Sept 2022 Menu** |  |  |
| ***Week 1*** |  |  |
|  |  |  |
| ***Menu Item*** | **ALLERGENS PRESENT** |  |
|  |  |  |
| **Monday** |  |  |
| Baked Sausages | **WHEAT GLUTEN, SULPHITES** |  |
| Vegetarian Sausage | **WHEAT GLUTEN** |  |
|  |  |  |
| Creamed Potatoes | **MILK, SULPHITES** |  |
|  |  |  |
| Gravy | **WHEAT GLUTEN, MILK, EGG, SOYA, CELERY, MUSTARD.** |  |
|  |  |  |
| Sweetcorn |  |  |
| Salad |  |  |
|  |  |  |
| Homemade biscuit  | **WHEAT GLUTEN, SOYA** |  |
| Strawberry Milk | **MILK** |  |
|  |  |  |
| Fresh Fruit |  |  |
| Brown Bread | **WHEAT GLUTEN, SOYA** |  |
| White Bread | **WHEAT GLUTEN, SOYA** |  |
|  |  |  |
| Halal Sausage | **WHEAT GLUTEN, SULPHITES** |  |
| GF DF Sausage | **SULPHITES** |  |
|  |  |  |
| **Tuesday** |  |  |
| Chicken Curry | **PEANUTS, NUTS, MUSTARD** |  |
|  | **MILK CELERY** |  |
| Rice |  |  |
|  |  |  |
| Margherita Pizza | **WHEAT GLUTEN, MILK, CELERY** |  |
|  |  |  |
| Peas |  |  |
|  |  |  |
| Fruit Yoghurt Pot | **MILK** |  |
|  |  |  |
| Halal Chicken Curry | **PEANUTS, NUTS, MUSTARD** |  |
|  | **MILK CELERY** |  |
|  |  |  |
| DF GF Chicken Curry |  |  |
|  |  |  |
| **Wednesday** |  |  |
| Breaded Chicken Steak | **WHEAT GLUTEN, MILK, SOYA, CELERY, MUSTARD.** |  |
| Cheesy Beany Jacket | **MILK**  |  |
| Pasta | **WHEAT GLUTEN** |  |
|  |  |  |
| Carrots |  |  |
|  |  |  |
| Cocoa Crispy Bar | **MILK SOYA** |  |
| Halal Chicken Steak | **WHEAT GLUTEN, MILK, SOYA, CELERY, MUSTARD.** |  |
| GF DF Chicken Steak |  |  |
|  |  |  |
| **Thursday** |  |  |
| Baked Ham |  |  |
|  |  |  |
| Tomato Pasta Bake | **WHEAT GLUTEN, MILK CELERY** |  |
|  |  |  |
| Roast Potatoes |  |  |
|  |  |  |
| Broccoli |  |  |
|  |  |  |
| Gravy | **WHEAT GLUTEN, MILK, EGG, SOYA, CELERY, MUSTARD.** |  |
|  |  |  |
|  |  |  |
| Fruit Muffin | **WHEAT GLUTEN, MILK, EGG, SOYA** |  |
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| Halal Roast Chicken |  |  |
| GF DF Baked Ham |  |  |
|  |  |  |
| **Friday** |  |  |
| Baked Fish Fillet | **WHEAT GLUTEN FISH** |  |
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| Cheese Wrap  | **WHEAT GLUTEN** |  |
|  | **MILK** |  |
|  |  |  |
| Chipped Potatoes |  |  |
|  |  |  |
| Pasta | **WHEAT GLUTEN** |  |
|  |  |  |
| Baked Beans |  |  |
|  |  |  |
| Jam Split &  | **WHEAT GLUTEN, MILK, EGG,** |  |
| Fruit Wedge |  |  |
|  |  |  |
| Halal | **WHEAT GLUTEN FISH** |  |
| GF & DF Fish Fingers | **FISH** |  |
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