

Traditional Kitchen (Band B)	
<i>Week 1</i>	
Menu Item	Allergens
Monday	
Baked Sausages	WHEAT, SODIUM SULPHITE. Includes cereals containing GLUTEN.
Mash Potatoes	MILK, BISULPHITE. GLUTEN content is less than 20ppm.
Gravy	WHEAT, CELERY. May contain SOYA.
Omelette	EGG, MILK
Oven Potatoes	GLUTEN content is less than 20ppm.
Peas	
Individual Fruit Yoghurt Pot	MILK, GLUTEN content is less than 20ppm.
Fresh Fruit	
White Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.
Brown Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.
Tuesday	Allergens
Chicken Curry	MILK. GLUTEN content is less than 20ppm. May contain PEANUTS, NUTS, MUSTARD.
Rice	
Roast Turkey	GLUTEN content is less than 20ppm.
Mash Potatoes	MILK, BISULPHITE
Gravy	WHEAT, CELERY. May contain SOYA. Includes cereals containing GLUTEN.
Fruit Muffin	WHEAT, EGG, MILK, SOYA
Sweetcorn	
Fresh Fruit	

White Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.	
Brown Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.	
Wednesday	Allergens	
Chicken Goujons	WHEAT. Includes cereals containing GLUTEN.	
Oven Potatoes	GLUTEN content is less than 20ppm.	
Tomato Pasta Bake	WHEAT, MILK. Includes cereals containing GLUTEN.	
Carrots		
Homemade biscuit	WHEAT. May contain SOYA. Includes cereals containing GLUTEN.	
Fresh Fruit		
White Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.	
Brown Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.	
Thursday	Allergens	
Cottage Pie	WHEAT, CELERY. Includes cereals containing GLUTEN.	
Margherita Pizza	WHEAT GLUTEN, MILK. Includes cereals containing GLUTEN.	
Saute Potatoes		
Broccoli		
Gravy	WHEAT, CELERY. Includes cereals containing GLUTEN.	
Jam Split	WHEAT, EGG, METABISULPHITE, BUTTERMILK. Includes cereals containing GLUTEN.	
Fresh Fruit		

White Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.
Brown Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.
Friday	Allergens
Baked Fish Fillet	FISH, WHEAT. Includes cereals containing GLUTEN.
Chipped Potatoes	
Cheese Wrap	WHEAT, MILK. Includes cereals containing GLUTEN.
Baked Beans	GLUTEN content is less than 20ppm.
Chocolate Cornflake Crisp	
Fresh Fruit	
White Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.
Brown Bread	WHEAT, SOYA. Includes cereals containing GLUTEN. May contain SESAME.