

Dear Parents and Carers,

We hope you are keeping safe and well. The Visual Impairment team have created a Top Tips handout during these unprecedented times. Please find below some useful strategies, links, activities and resources to support your child's vision and learning.

We hope you stay safe and well.

Lyndsey Davies, Shirley Francis, Liz Rolfe

Strategies

- The children are using their vision throughout the day and this can be further enhanced by talking and helping you with everyday activities
- Encourage the use of glasses and any other vision aids, as prescribed.
- Good, even lighting and try to avoid glare.
- If available use magnification on devices.
- Using vision will be tiring and regular breaks will help.
- If children are using home computers, the following may help with access. A short cut to magnification – press Control + will enlarge text on the screen and Control – will reduce it.

For other changes: Go into settings and click on Ease of Access/Ease of Access Centre. In here there are sections to alter the display, cursor size and colour, use a magnifier, colour filters, high contrast and narrator.

Please also find some helpful links below.

Website Links:

RNIB Bookshare

Parents/ carers of young people with a visual impairment who need enlarged print are able to join this service even if you currently do not have access to this service through the school.

www.rnibbookshare.org

Telephone number 0300 303 8313

Wide range of curriculum and reading books in accessible format

Royal National Institute of Blind People (RNIB)

www.rnib.org.uk/children

Positive Eye

<https://www.positiveeye.co.uk/resources-2/>

A range of free resources –

Paths to Literacy

<https://www.pathstoliteracy.org/blog/stay-home-activities-children-visual-impairments>

Stay at home activities for children with visual impairment and a range of resources for visually impaired learners

Twinkl

Free access to Twinkl resources for primary and secondary ages. Use the code:

CVDTWINKLHELPS

<https://www.twinkl.co.uk/>

Braille

If your child is learning braille and you want to brush up on your own braille skills (or teach other people in your household) visit www.braillebug.org.uk

You can do fun quizzes and activities in braille. There is a checklist of braille signs so you can check your child has brailled their work correctly.