

# VEGETARIAN Primary School Menu September 2021/22

£2.40 per day

## Week 1

### Week Commencing:

27<sup>th</sup> September, 18<sup>th</sup> October,  
15<sup>th</sup> November, 6<sup>th</sup> December,  
10<sup>th</sup> January, 31<sup>st</sup> January,  
28<sup>th</sup> February, 21<sup>st</sup> March

### Monday

Omelette, Oven Potatoes Veg of the day Individual Fruit Yoghurt Pot / Fresh Fruit
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## Week 2

### Week Commencing:

4<sup>th</sup> October, 1<sup>st</sup> November,  
22 November, 13<sup>th</sup> December,  
17<sup>th</sup> January, 7<sup>th</sup> February,  
7<sup>th</sup> March, 28<sup>th</sup> March

### Monday

Vegetable Cheese Bake in a Roll, Oven Potatoes Veg of the day Fruit Muffin / Fresh Fruit
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## Week 3

### Week Commencing:

11<sup>th</sup> October, 8<sup>th</sup> November,  
29<sup>th</sup> November, 3<sup>rd</sup> January,  
24<sup>th</sup> January, 14<sup>th</sup> February,  
14<sup>th</sup> March, 4<sup>th</sup> April

### Monday

Tomato Pasta Bake Veg of the day Fruit Muffin / Fresh Fruit
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### Tuesday

Vegetable Curry, Rice Veg of the day Fruit Muffin / Fresh Fruit
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### Tuesday

Vegetable Curry, Rice Veg of the day Apple Flapjack / Fresh Fruit
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### Tuesday

Vegetable Curry, Rice Veg of the day Homemade Biscuit / Fresh Fruit
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### Wednesday

Vegetarian Goujons, Oven Potatoes Veg of the day Homemade biscuit / Fresh Fruit
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### Wednesday

Vegetarian Goujons, Oven Potatoes Veg of the day Individual Fruit Yoghurt Pot / Fresh Fruit
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### Wednesday

Vegetarian Goujons, Oven Potatoes Veg of the day Jam Split / Fresh Fruit
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### Thursday

Margherita Pizza, Saute Potatoes Veg of the day Jam Split / Fresh Fruit
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### Thursday

Margherita Pizza, Saute Potatoes Veg of the day Homemade Biscuit / Fresh Fruit
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### Thursday

Margherita Pizza, Saute Potatoes Veg of the day Individual Yoghurt Pot / Fresh Fruit
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### Friday

Cheese Wrap, Chipped Potatoes Veg of the day Chocolate Cornflake Crisp / Fresh Fruit
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### Friday

Cheese Wrap, Chipped Potatoes Veg of the day Welsh Cake / Fresh Fruit
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### Friday

Cheese Wrap, Chipped Potatoes Veg of the day Chocolate Cookie / Fresh Fruit
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