Walking by Bus is a City and County of Swansea initiative to encourage sustainable tourism and healthier lifestyles by promoting short walks linked to bus routes.

Bus Information
Mon-Sat (every 2 hours) Gower Explorer Nos. 115 and 116 to Llanmadoc from Swansea Bus Station. Sun (2 journeys): Gower Explorer No. 119 to Llanmadoc from Swansea Bus Station (some journeys may involve a change). Please check before travelling.

Traveline Cymru 0870 608 2608
www.traveline-cymru.org.uk

Whiteford Burrows National Nature Reserve - a mosaic of important habitats that supports many rare plants.
Llanmadoc Church - reputedly on site of an earlier building, the current church dates from the 13th century (key available from shop).
Views over the Loughor Estuary.

Swansea Tourist Information Centre 01792 468321 tourism@swanse.gov.uk
www.visitswansea.com

WALKING BY BUS

Llanmadoc

Start & Finish: Bus stop in Llanmadoc. Distance/time: About 2 1/2 miles, 1-2 hours. Terrain: Surface varies from hard and smooth, to soft and uneven. There are 2 kissing gates and a steep road but no stiles. Be prepared: Wear appropriate clothing and footwear for the conditions and season. Refreshments: Pub and community shop in Llanmadoc.

Public Toilets: None.

Walk Highlights
- Whiteford Burrows National Nature Reserve - a mosaic of important habitats that supports many rare plants.
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Useful Contacts
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visitswanseabay.com
www.swanse.gov.uk/aonb

Information correct at time of going to print - January 2014. Other leaflets in this series are available from Swansea Tourist Information Centre, Plymouth Street, Swansea SA1 3QG.

Follow the footpath along the top of the causeway until you reach a second kissing gate. Go through this gate and follow the track (passing more gates on the way) until you arrive at a narrower road, which climbs back up to the village of Llanmadoc. Turn left past Gower Castle and follow this road for a few yards, then turn right on to the main road through the village and back to the bus stop.

Start the walk where the bus stops at the end of its route in Llanmadoc. Head west, passing the Old Rectory towards the church. Just before the church, take the road on the right downhill towards Cwm Ivy. When you reach Cwm Ivy, bear left towards Cwm Ivy Cottage and go through the National Trust gate. Carry on downhill along the track, which eventually levels out, until you come to a junction.

Turn right through the gate, into Whiteford Woods. Walk down the track along the edge of the wood, past Burrows Cottage for about 1/2 mile to the next gate. A few yards past the gate turn off the track and go through a kissing gate, and along the causeway footpath.

Follow these waymark symbols on route:

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