

A secluded walk through varied woodland on south-facing slopes overlooking the sea

Mature specimens of oak and ash are scattered throughout the wood, sections of which have been planted with beech and conifers which add to the diversity of the woodland.

Look out in spring for spectacular carpets of wild garlic or ramsons and dense patches of bluebell. Throughout the year, the shiny evergreen fronds of harts-tongue fern are abundant.

There are particularly luxurious growths of old-man's beard - our only native *Clematis* - which climbs among the canopy and forms liana-like hanging stems.

At the highest point of the walk is a fine view southwards over Oxwich bay and the dunes and marshes of Oxwich National Nature Reserve.

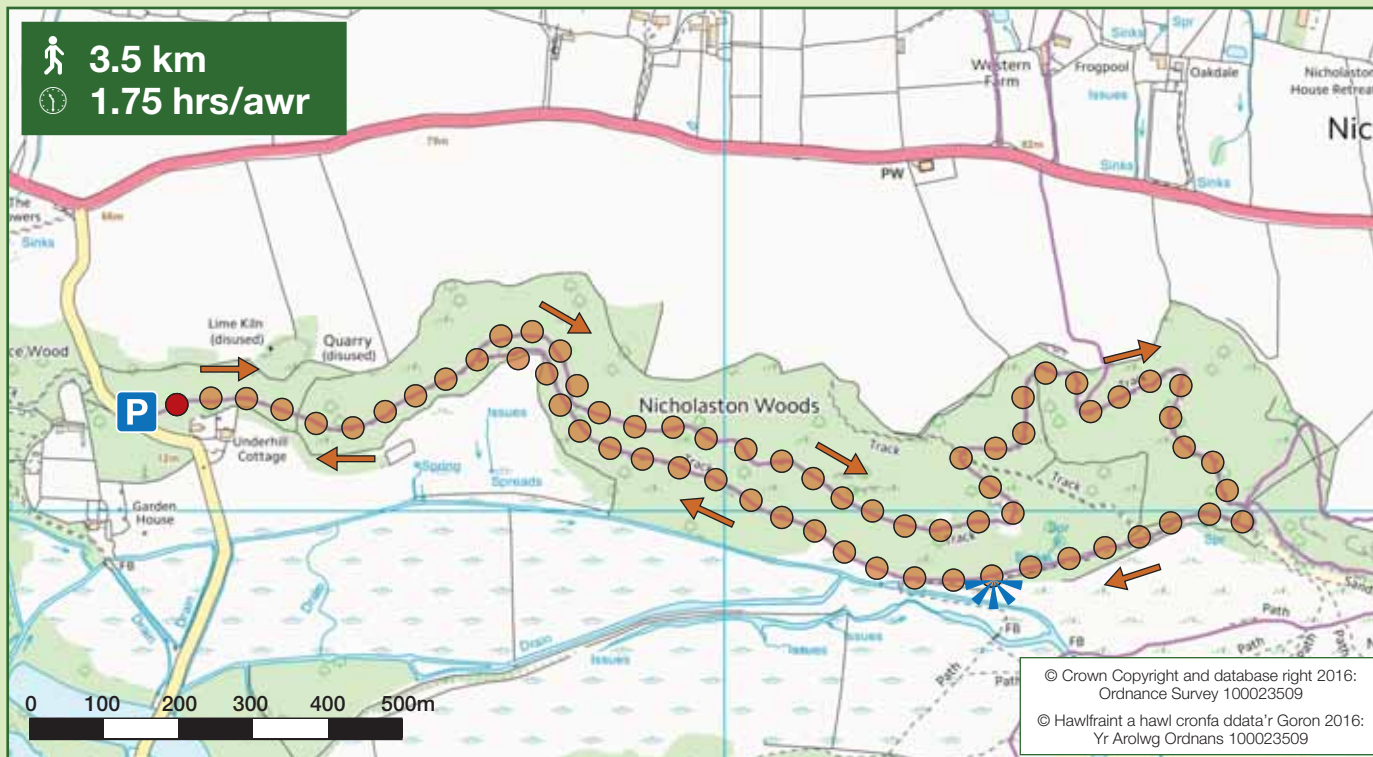
Taith gerdded ddiarffordd trwy goetir amrywiol ar lethrau deheuol sydd â golygfeydd dros y môr

Mae enghreifftiau aeddfed o dderw ac ynn ar wasgar trwy'r coed, y mae rhannau ohono wedi cael eu plannu â bedw a chonwydd sy'n ychwanegu at amrywiaeth y coetir.

Cadwch lygad yn y gwanwyn am orchudd ysblennydd o graf y geifr a chlytiau trwchus o glychau'r gog. Trwy gydol y flwyddyn, mae ffrondau bytholwyrdd sgleiniog tafod yr hydd yn doreithiog.

Ceir toreth o dyfiant barf-yr-hen-wr - ein hunig clematis brodorol - sy'n dringo ymhlith y canopi a ffurfio coesyntau crog tebyg i lianas.

Ar bwynt uchaf y daith gerdded mae golygfa dda tua'r de dros Fae Oxwich a thwyni tywod a chorsydd Gwarchodfa Natur Genedlaethol Oxwich.



### Trail Information / Gwybodaeth am y Llwybr

#### START / DECHRAU (GR/CG - SS 503 881)

From the A4118 a secondary road leads south to Oxwich - start point 300m on left  
O'r A4118 mae ffordd eilaidd yn arwain i'r de i Oxwich - man dechrau 300m ar y chwith

#### PARKING / PARCIO

Room for two cars, NB poor visibility  
Lle ar gyfer dau gar, DS gwelededd gwael

#### PUBLIC TRANSPORT / CLUDIANT CYHOEDDUS

Bus stop (Oxwich Towers) 300m away  
Safle bws (Oxwich Towers) 300m i fwrdd

*There are steps to get into the wood. The path is generally level and firm underfoot but with some short inclines, and muddy sections.*

*Mae grisiau i'w dringo er mwyn cyrraedd y coed. Yn gyffredinol mae'r llwybr yn wastad ac yn gadarn dan draed ond mae rhai llethrau byr a rhannau mwldlyd.*