



Easy Read

Swansea Public Services Board

Annual Report 2018/19



This Document



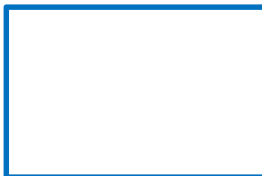
This is an easy read version.



If you need support to understand this document, ask someone you know to help you.



Some words may be hard to understand. They are in **bold blue writing**.



They have been explained in a box below the word. If the hard word is used again it is in **normal blue writing**.



You can check what **Hard Words** mean on page 20.

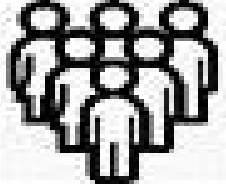
Contents

Contents	Page
This Document	2
Introduction	4
About this report	7
Our Well-Being Objectives	8
Early Years	9
Live Well and Age Well	11
Working with Nature	13
Strong Communities	15
Sharing for Swansea	16
The Ways we Work	17
Get Involved	19
Hard Words	20



This document was made into
Easy Read using Photosymbols.

Introduction



We are the **Swansea Public Services Board**.

We are made up of leaders from:



- **Public Services**



- **Businesses**



- **Voluntary Groups.**



Public services are run or paid for by the government.

Like local councils, the NHS, the police or fire and rescue.



Public Services Boards were set up in each area of Wales to:



- check what **well-being** is like in their area



- work together to improve **well-being** in Swansea.



The aim of this report is to show how we are working to improve the **well-being** of Swansea now and for the future.



Well-being means a person is happy, healthy and comfortable with their life.



The Well-being of Future Generations (Wales) Act 2015

This law started in 2015.

This law has 7 goals to make Wales a better place for people to live in now and in the future.



To meet these goals Swansea needs to be:

- A healthy place to live
- Doing well and people have good jobs and skills
- Fair
- Safe
- Have lots of green places and look after our land, water and air
- Celebrate how people live
- Make a good impact on the world.

About this report



In 2016 we checked what **well-being** is like for people in Swansea.



We looked at things that help make Swansea a better place to live.



We used what we learned to make **‘Swansea’s Local Well-being Plan - Working together to Build a Better Future’**.



This report shows what we have done in the first year towards our 4 well-being **objectives**.



Objectives are goals we are working towards.



Our well-being objectives

Our **well-being objectives** are:



1. **Early years.** Make sure children have the best start in life.



2. **Live well and age well.** Make sure Swansea is a great place to live and grow old.



3. **Working with nature.** Improve our health and look after our **environment**.

The **environment** is the land, water and air. It is everything that lives there. Like people, animals and plants.



4. **Strong communities.** Build communities that people feel proud of.



We want to meet the **well-being objectives** by 2040.



1. Early years

We want to make sure children have the best start in life.



Then people they are more likely to be healthy, learn better and are less likely to be poor as adults.



We Joined the **Public Health Wales First 1000 Days Collaborative.**

This project aims to make support better for pregnant women and babies up to the age of 2.



We worked together to help pregnant mums, and their new families through the **Jig-so** project



We made sure public service staff **Make Every Contact Count** to give parents advice to improve [well-being](#).



We shared information with the **'Best start'** campaign on social media and at events like the annual **'Buggy Push'**.



We looked at ways to help early years services work together better.

The **'Early Years Integration Pathfinders'** for Wales will help us learn from good work.



We changed our systems to make sure services help children as soon as possible.

This will help stop problems from happening or getting worse.



2. Live well and age well

We want to make sure Swansea is a great place to live and grow old.



We want to support all people to be safe, healthy and independent their whole life.



We worked with partners to write an action plan for **dementia** friendly communities.

Dementia is an illness that affects people's memory and what they think and do.



We ran **Dementia Friendly Generations** workshops with people so they could understand and help people with dementia.



We trained staff for **Making Every Contact Count** and developed cards to help them give out information.

This helps people be safe in their own homes



We helped people who are over 50 get back into employment through **Our Club** at **Swansea Working**.



We asked residents how to make Swansea an **Age Friendly City**.

We improved the new City Centre plans.



Our **Local Area Coordination** Team now covers 11 communities.

This means we can help more people help themselves and their community live well.



We celebrated Human Rights Day with a **Big Conversation** event where young and older people shared their ideas.



3. Working with nature

We want to look after our **environment**.

It is important for our **well-being**.



We involved the public in events and activities.

We found out what nature means to them.



We wrote a plan to make the most of green spaces.

We have worked with communities to find ways to carry out the plan.



We have planted trees and helped local people make green spaces better.



We had a **Working with Nature Conference** This helped people learn more about what we can do to help the **environment**.



We wrote a **Guide** so developers can help nature as much as possible in if there are changes to our city.



We had talks to help people understand how they can help stop the **environment** being harmed.



Low Carbon Swansea Bay helped organisations learn more about the risks of **climate change**.

They helped us find ways to make sure less harmful fumes get into the air.



Climate change is changes to the world's weather like our air and water getting too warm.



4. Strong communities

We want people to have the same chances in life and be proud to live in Swansea.



We helped people feel good about their communities.

Hub on the Hill is a community space which makes it easier for people to get involved.



We gave people a say in plans for their community.

The **Class 4 All** plan was led by local people who wanted better play spaces.



We supported new ways of helping people feel better and improve health in **Cwmtawe**



We made a Human Rights Group to see how Swansea can become a **Human Rights City**



Sharing for Swansea

Sharing for Swansea is about how we all work together. And share our **resources** and knowledge.



Resources are useful things we have.

Like buildings, transport, information, money and staff.



We helped **Swansea Public Services Board** partners to learn about each other.

Now we understand each other we can support each other's work and aims.



We looked at our **Local Property Board** to share information about our buildings and **resources**.



We learnt how we can give people a voice and involve them.

Swansea Coproduction Network was set up to find new ways of working that can be used by all partners.

Ways We Work



We think about Sharing for Swansea when we work toward our well-being objectives.

Involving people.



We ask people what they think and use their ideas to make our plans better.



We trained staff to use Easy Read so everyone can understand and give their views.



Working together.

We work with our partner organisations to share information so we can deal with big problems like drug use.



We also work with partners in Neath Port Talbot.

Like finding money to improve green spaces like Mayhill Washing Pond.

Thinking about each other's plans.



We share plans and goals with our partners so we can work together.

Events and workshops help us understand each other's plans for Swansea.

Long term.



We think about how our actions will change Swansea in 2040 as well as make Swansea better now.

This workshop helped us think about Swansea's future.

Prevention



All our work tries to stop problems happening or getting worse. These cards help our staff get people the right help as early as possible.

Hard words

Climate change

Climate change is changes to the world's weather, like our air and water getting warmer.

Dementia

Dementia is an illness that affects people's memory and what they think and do.

Environment

The environment is the land, water and air. It is everything that lives there. Like people, animals and plants.

Objectives

Objectives are goals we are working towards.

Public services

Public services are run or paid for by government. Like local councils, the NHS, police, fire and rescue.

Resources

Resources are useful things we have. Like buildings, transport, information, money and staff.

Well-being

Well-being means a person is happy, healthy and is comfortable with their life and what they do.



Get Involved

Our meetings are held in public

We welcome questions from the public.



To find out more contact:

Website

www.swansea.gov.uk/swanseapsb



E-mail

swansea.psb@swansea.gov.uk



Phone

07989138917



Thank you to everyone who helped test
this Easy Read



**West Glamorgan People First,
Your Voice Advocacy**