

Swansea Public Services Board

Local well-being plan



This is an easy read version of Swansea Public Services Board's **Local Well-being Plan: Working together to build a better future**

January 2019

How to use this document



This is an easy read version. The words and their meaning are easy to read and understand.



You may need support to read and understand this document. Ask someone you know to help you.

Some words may be difficult to understand. These are in **bold blue writing** and have been explained in a box beneath the word.

If any of the words are used later in the document they are shown in **normal blue writing**. You can look up what they mean on page **32**.

Where the document says **we**, this means **Swansea Public Services Board**. For more information contact:



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This document was made into easy read by **Easy Read Wales** using **Photosymbols**.

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Introduction



The aim of the plan is to improve the **well-being** of Swansea. The plan says how we will work together to improve **well-being** now and for the future.



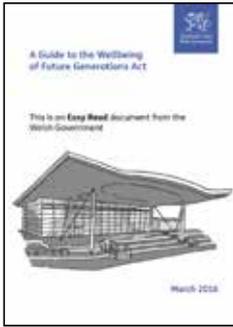
Well-being means Swansea:

- is a healthy place to live
- is doing well and people have good jobs and skills
- is fair
- is safe
- has lots of green places and looks after our land, water and air
- celebrates how people live
- makes a good impact on the world.

It also means a person is happy, healthy and is comfortable with their life and what they do.



The Well-being of Future Generations (Wales) Act 2015



This law started in 2015. It is about making Wales a better place for people to live in now. And for people in the future too.



This law has 7 **well-being** goals for Wales. It says that **public services** must work towards these goals using **5 ways of working**. They must think about:

1. How the work they do now might affect the future.
2. How problems can be stopped from happening or getting worse.
3. How they work better with all people.
4. How they work better with organisations.
5. How their plans affect other plans.



Public services are services run or paid for by government. For example local councils, the NHS, police and fire and rescue.



Public Services Boards were set up in each area of Wales to:

- check what **well-being** is like in their area



- work together to improve **well-being**.

Swansea Public Services Board



We are the **Swansea Public Services Board**. We are made up of leaders from:



- **public services**



- **businesses**



- **voluntary groups.**

About this plan



In 2016 we checked what **well-being** is like for people in Swansea.



We looked at lots of different things that help make Swansea a better place to live and improve **well-being**.



In 2017 we talked about what was important for Swansea in the future. We talked to:

- partners
- voluntary groups
- community groups
- members of our communities
- experts.





We used what we learned to come up with 4 **well-being objectives**. And a way of working together to make them happen. We call this way of working **Sharing for Swansea**.



Our **well-being objectives** are things we will do together to help improve **well-being** in Swansea.

We also thought about:



- The **Welsh Government Future Trends Report 2017**. This gave us an idea of what life might be like in the future.



- The work of the **Western Bay Health and Social Care Programme**. And how we can work together.



- What the law says we must do to care for and support people.



- The rights of all people. And how to involve them in our work.

Our well-being objectives



Our **well-being objectives** are:



1. Early years. Make sure children have the best start in life to be the best they can be.



2. Live well and age well. Make sure Swansea is a great place to live and grow old.



3. Working with nature. Improve our health and look after our **environment**.

The **environment** is where we live. It is the land, water, the air, and everything that lives in or on it. For example plants, animals and fish.



4. Strong communities. Build strong communities that people feel proud of.



We want to achieve these **well-being objectives** by **2040**.



Sharing for Swansea is about how we all work together. And share our **resources** and knowledge.



Resources are useful things we have or things we own. For example buildings, vehicles, information, money and staff.



We will think about **Sharing for Swansea** when we are working towards all our **well-being objectives**.



1. Early years

We want to make sure children have the best start in life.

For children to have the best start in life we must make sure:



- Parents have the right skills and knowledge and feel confident.



- Parents have a healthy life and can enjoy their local area and nature.



- Parents can get good jobs.



- Families have good homes.



- Families have good relationships with each other. And children feel safe and happy with their parents.



- We know which children have extra support needs. And they get the support they need.



- Children have healthy bodies and minds.



- Children learn to talk and be understood by others.



- Children who need support to stay safe get support as soon as possible.



- Children live in safe places without violence.



- Information is shared between different services.



- Services support parents with mental health problems. Or parents who take drugs or drink too much alcohol.



- **Public services** work well together.

To do this we will:



- Support the **Public Health Wales First 1000 Days Collaborative**. This project aims to make support better for pregnant women and babies up to the age of 2.



- **Support new mums, babies and children.** This is where **public service** staff **Make Every Contact Count**. This means making the most of the time they have with parents. And take every chance to give advice to improve health and **well-being**.



- Look at ways to help early years services work together better. And learn from work that has been done well.



- Make sure services help children as soon as possible. These services could stop problems from happening or getting worse.



The **Early Years Steering Group** will be in charge of this work.



2. Live well and age well

We want to make sure Swansea is a great place to live and grow old.

We want people to:



- Have the best possible health and **well-being**.



- Be as independent as possible.



- Have a good and happy life.



- Have choice and control.



- Feel valued and listened to.



- Feel safe in their homes and the places they live.

To help people live and age well we must:



- Get important information about health and **well-being** to the right people at the right time.



- Make sure everyone has the chance to get services for their health and **well-being**.



- Make sure there are places where people live and work that are good for health and **well-being**.



- Support people to get information, advice and help.



- Make sure health and social care services work together to run services.



- Support people to learn, work and live well.



- Support people and communities to be more connected.



- Give advice and support to help people help themselves.



- Make sure people can get care and support in a way that suits them. And helps them support themselves.



- Make sure we think about human rights in all our work.



- Make sure people live in good and safe homes.



- Make sure communities are safe and people feel safe in them.

To do this we will:



- Look into different ways of giving health and social care. Including new ways of caring for people when they are dying.



- Work with partners to write an action plan for **dementia**.

Dementia is an illness that affects the brain. It affects people's memory, the way they think and what they do.



- Support people to stay safe and well in their own homes by using **Making Every Contact Count**. Give staff training on **Making Every Contact Count** and make sure it becomes a normal way of working.



- Look at ways to help people who are lonely or find it hard to meet people. We will write a plan with our partners to say how we will do this.



- Look at how housing and technology can help support people with care needs to stay independent in their own homes.



- Find out from young and old people what they think living well and ageing well means. Use what they tell us to make changes to services.



The **Ageing Well Steering Group** will be in charge of this work. They will work with **Western Bay** when needed.

In the future a larger partnership will manage this work. It will be made up of:



- people from the community



- voluntary groups



- businesses



- public services.



3. Working with nature

Improve our health and look after our **environment**.



Our **environment** is really important for **well-being**. We want to look after our **environment** and work with nature to help everyone have better **well-being**.

This means doing things like:



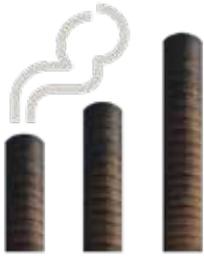
- Making the most of the green spaces in the city.



- Checking how good our air and water is.



- Using different types of energy that do not harm the **environment**.



- Changing the way we do some things so that less **carbon dioxide** gets into the air.

Carbon dioxide is a gas that can harm the environment.



- Looking after our plants, trees and wildlife.



- Learning more about nature and our **environment**.

To make our health better and look after the environment we must:



- Make our air cleaner.



- Make sure everyone can go to green spaces like parks and woods.



- Look after the water in our area. Try to stop flooding.



- Make the most of our green spaces.



- Make sure the places where plants and animals live are better connected.



- Look after important places, plants and animals.



- Look after bees and other animals that help plants to grow.



- Make sure plants and animals from countries outside the UK do not harm our [environment](#).



- Get everyone to recycle.



- Get **public services** to think about the **environment** when planning and paying for services.



- Find ways to make sure less **carbon dioxide** gets into the air.



- Make sure our buildings use less energy. And find ways to make energy that are better for the **environment** like wind power.



- Make our transport services fairer. And make sure they can last a long time.



- Give training and information about the **environment**.



- Collect information about the **environment**. Understand it and share it.



- Use information about the **environment** to make better decisions.



- Deal with crime that harms the **environment**.



To do this we will:

- Write a plan to look after all our green spaces. Work with communities to find ways to carry out the plan.



- Learn more about how the **environment** helps us. And make sure people know about it.



- Learn more about the risks of **climate change** to Swansea. Find ways to make sure less **carbon dioxide** gets into the air.

Climate means long term weather trends.
Climate change is about changes to the world's weather patterns like our air and water getting warmer.



- Make sure people understand how the **environment** is being harmed. And what we can do to stop it.



The **Nature Task Group** will be in charge of this work.



In the future this work will be managed by a larger **Working with Nature Operational Group**. This group will include people from the community, organisations and partners.



4. Strong communities

Build strong communities that people feel proud of.



We want Swansea to be a place where everyone has the same chances in life. And everyone feels proud to live, work and play in Swansea.

To help build strong communities we must:



- Help people and organisations to trust each other.



- Help people to understand their rights and responsibilities.



- Give advice and support in a way that does not judge people.



- Make sure people's homes and the areas they live in are healthy places to be.



- Help people feel safe on the streets.



- Help communities understand people who have additional needs.



- Get employers to pay the living wage. This is the amount of money the government says people need to be able to look after themselves.



- Make sure people can get good jobs.



- Make sure people have support to learn skills and get qualifications.



- Make sure people can get all the money they have the right to have.



- Goods and services cost the same where ever you live in Swansea.



- Make it easier for people to get involved in their communities. For example better transport, access to the internet and help to speak English or Welsh.



- Give people and communities a say in decisions that affect them.



- Encourage people to get involved in their communities.



- Make sure our languages and **cultures** are valued and shared.

Culture is the ideas, values and behaviours of different groups of people.

To do this we will:



- Look into new ways of working to support safe and strong communities. Work together to write an action plan to support strong families and communities. Build trust and work with communities.



- Work together to help people feel good about their communities. Make it easier for people to get involved in their communities. Help people enjoy different languages and **cultures** in their communities.



- Work together in the same way to get more money into Swansea. This will help businesses grow and last. We will also work to make sure families have enough money to live on.



We will decide who should be in charge of this work when we have finished working on the **Swansea Local Well-being Plan**.

Sharing for Swansea



Our new shared way of working together will make sure our **public services** work well together.



We will think about how we can work together better to achieve our **well-being objectives**. And how we can make the best use of our:



- land



- buildings



- staff skills



- information and knowledge.



We will also make sure we work in a joined up way.

To do this we will:



- Get all the **Swansea Public Services Board** partners to learn about each other. Make sure everyone understands each other so we can support each other's work and aims.



- Get together to look at our strengths and **resources**. Share these with each other to do the best work. And make the best use of our **resources**.



- Learn together and come up with ways of working that will be used by all partners. Work with communities and give people a say in our work.



- Work together to provide joint services with other **public services**. Aim to get our services always working together in teams.



- Explain what we mean by making Swansea a **Human Rights City**. Take the first steps in making this happen. Come up with a way to check how we are doing. In the future people should understand and value living in a **Human Rights City**.

Hard words

Carbon dioxide

Carbon dioxide is a gas that can harm the environment.

Climate change

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Culture

Culture is the ideas, values and behaviours of different groups of people.

Dementia

Dementia is an illness that affects the brain. It affects people's memory, the way they think and what they do.

Environment

The environment is where we live. It is the land, water, the air, and everything that lives in or on it. For example plants, animals and fish.

Public services

Public services are services run or paid for by government. For example local councils, the NHS, police and fire and rescue.

Resources

Resources are useful things we have or things we own. For example buildings, vehicles, information, money and staff.

Well-being

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It also means a person is happy, healthy and is comfortable with their life and what they do.

Well-being objectives

Our well-being objectives are things we will do together to help improve well-being in Swansea.

